

# Iron, Folic acid, Vitamin B12 and Glycine Capsule



No. of servings: 100		Serving Size: 1 capsule (0.830g)		
Nutritional information contains (approx.)	Unit	Per 100 g	Per Serve	%RDA per Serve
Energy	kcal	282.48	2.345	#
Protein	g	2.77	0.023	0.05
Carbohydrate	g	65.42	0.543	#
Total Sugars	g	49.28	0.409	#
Added Sugars	g	0.00	0.00	#
Fat	g	1.08	0.009	#
Saturated Fat	g	0.72	0.006	#
Monounsaturated Fatty acids	g	0.12	0.001	#
Polyunsaturated Fatty acids	g	0.24	0.002	#
Trans Fat	g	0.000	0.000	#
Cholesterol	mg	0.000	0.000	#
Sodium	mg	644.58	5.35	0.27
Each serving per (0.830g) capsule contains:				
Iron	mg		30.0	100
Folic acid	mcg		144.00	99.92
Glycine	mg		10.00	#
Vitamin B12	mcg		2.20	100

% RDA expressed as per ICMR 2020 for Girls (13-15 years)

#% of RDA not established

Appropriate overages of vitamins are added to compensate loss on storage.

Storage Condition: Store in a cool & dry place. Protect from sunlight. Product is required to be stored out of reach of children.

Ingredients: Maltodextrin, Ferric pyrophosphate, Glazing agent [INS 464], Diluent [INS 460 (i)], Dibasic calcium phosphate, Disintegrants [INS 468 and Sodium starch glycolate], Glycine, Glazing agent [INS 553 (iii)], Antisticking Agent [INS 470 (iii)], Magnesium Aluminometasilicate, Colour [INS 171], Binding agent [INS 407], Gelling agent [INS 508], Emulsifier [INS 322 (i)], Cyanocobalamin and n-teroyl-l-glutamic Acid.

Recommended usage level: Take one capsule per day.

Instructions for Use: Swallow intact capsule with water.

Not to exceed the recommended daily usage.

Warning: If you are pregnant, nursing, taking any medication or have any medical condition, consult your doctor before use.

Allergen information: May contains soy, milk and nuts.

This product is not intended to diagnose, treat, cure or prevent any disease.

Product is not to be used as a substitute for a varied diet

Processed in a plant where gluten containing products are manufactured.

**apex**<sup>®</sup>

Marketed by:

**apex laboratories private limited**

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**SunActive**<sup>®</sup> Fe  
MICROSMAL IRON<sup>™</sup>

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**Net Quantity: 1 x 10 Tablets**

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